



# ZOMBIE FINGERS

## INGREDIENTS

- 250g Stoned Dates
- 100g Dark Chocolate
- 3tbsp Smooth Peanut Butter
- 3tbsp Porridge Oats
- Almonds

## DIRECTIONS

1. Tip 250g stoned dates, 100g chopped dark chocolate, 3tbsp smooth peanut butter and 3tbsp porridge oats into a food processor and pulse until you have a rubbly-looking mixture.
2. Line a tray with baking parchment and mould the mixture into fingers, then lay them on the tray. Press an almond 'fingernail' into the end of each finger and place in the fridge to harden for at least 1 hr. Serve poking out of a bowl.